342 military-connected respondents including active-duty, National Guard, Reserve, and Veteran service members and spouses.

BLUE STAR FAMILIES

Military Family Lifestyle Survey

Tennessee Chapter
Delivered by CSX

Top Issues for Tennessee and Kentucky Military-Connected Family Respondents

(n=307)

47%	**36%**	**32%**	**31%**	**29%**
Amount of time away from family	Military pay	Access to military/VA health care systems	Impact of deployment on family	Military spouse employment

Active-Duty Families

Spouse Employment

23%

of Tennessee and Kentucky active-duty spouse respondents (n=74) are unemployed
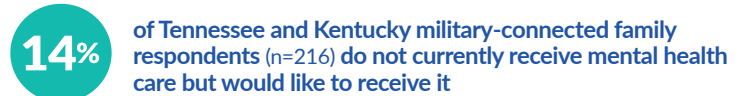
Of those who are employed (n=33)

61% are working full time

39% are working part time

Resource Access

Top military resources used (n=70)

Health care 40%
Social support resources 27%

Top civilian resources used (n=72)

Sports/recreation for children and/or family members 31%
Health care 21%

Mental Health

14% of Tennessee and Kentucky military-connected family respondents (n=216) **do not currently receive mental health care but would like to receive it**
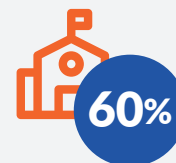
Military Children's Education

64% of active-duty family respondents with child(ren) ages 20 or younger (n=67) have at least one child enrolled in K-12 education

60% of active-duty respondents with a child enrolled in K-12 education (n=35) agree that their oldest child's school understands the unique challenges of military families

Children's Mental Health

38% of active-duty family respondents with at least one child enrolled in grades K-12 (n=40) have a child(ren) who has experienced bullying on school property

10% of active-duty family respondents with at least one child enrolled in grades K-12 (n=40) reported that their child(ren) did not currently receive, but they would like them to receive mental health care

For more info about the Tennessee Chapter
tennessee@bluestarfam.org

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Military Family Lifestyle Survey

In collaboration with
Syracuse University
D'Aniello Institute for Veterans & Military Families
JPMorgan Chase & Co., Founding Partner

Financial Security

Those who describe their financial situation as "just getting by" or "finding it difficult to get by":

34% of Tennessee/Kentucky currently-serving family respondents (n=107)

27% of Tennessee/Kentucky Veteran respondents (n=81)

Top contributor to financial stress among both currently-serving family respondents (37%, n=86) **and Veteran respondents** (43%, n=47) **who have financial stress:**

Housing costs

Food Support Program Usage

22%

of Tennessee/Kentucky military-connected respondents (n=201) utilized a food support program during the 12 months preceding survey fielding

Most commonly utilized programs (n=44)

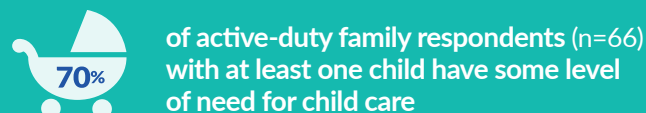**10%** Local food pantry

7% Women, Infants, and Children (WIC)

Caregiving

29% of military-connected respondents (n=207) consider themselves to be an unpaid caregiver[1]

Most commonly providing care for: (n=58)

33% Child under 18 years of age

24% Spouse/partner who is a Veteran

22% Parent or grandparent

14% Adult child over 18 years of age

10% Spouse/partner who is on active-duty

Child Care
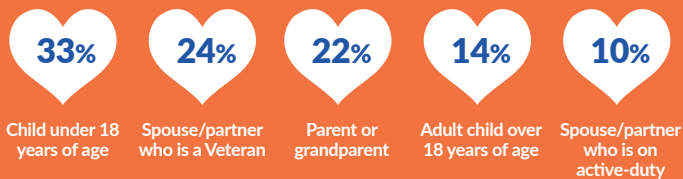
70% of active-duty family respondents (n=66) with at least one child have some level of need for child care
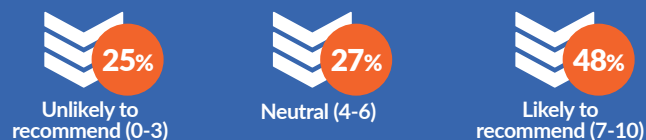
>> Only **29%** of those with a need for child care (n=42) are able to find child care that works for their situation

Recommending Military Service[2]
Military-connected respondents (n=311)

25% Unlikely to recommend (0-3)

27% Neutral (4-6)

48% Likely to recommend (7-10)

> "The military is just like gaining another family to teach and grow with each other. There are a lot of learning opportunities in or with the military."

Army National Guard